

THE INSIGHT PROGRAMME



ARE YOU CO-PARENTING WITH SOMEONE WHO IS UNDER INVESTIGATION FOR ONLINE SEXUAL OFFENCES OR HAS BEEN CONVICTED OF THEM?

WE CAN HELP YOU

We appreciate the difficult situation you are in and your overarching aim to protect and support your children. The Insight Programme has been developed to help you in that goal and is facilitated without judgement by our skilled team of compassionate professionals.

DURING THE FIVE SESSION INSIGHT PROGRAMME WE WILL EXPLORE:

- The impact of the arrest on you. We understand this can be a scary and uncertain time.
- What may contribute to an individual's decision to offend.
- How to recognise signs that someone may be at risk of reoffending.
- Identifying signs that a child may be experiencing sexual exploitation and how best to support them.
- Tailored content to meet individual needs.
- A letter of completion to share with relevant professional agencies.
- Signposting to other services.

WHAT WE OFFER:

- Appointments that fit around your childcare and employment needs.
- Specialist staff with the skills and understanding to help your family rebuild.
- Guidance, respect, no judgement.
- One-to-one appointments.
- Video consultations UK wide.
- In-person consultations at our Leeds office.

THOUGHTS FROM PREVIOUS CLIENTS:

"The Insight Programme had a profound impact on me and my family. It gave me the tools to move forward and better protect my family in the future. As a family we have a journey to travel but are stronger than ever, thanks in large part to the Insight Programme and Safer Lives."

"The time was taken to understand me as an individual [...] and to approach topics in a way that made the discussions easier for me to talk about. I cannot thank Safer Lives enough for the support that has been provided and the assurance of a safe space to talk without judgement."

For an informal chat to find out more:

Email info@safelives.com - Call 0800 043 5987 - WhatsApp/Text 07476 683012
www.safelives.com